

HEALTHY PEOPLE HEALTHY PLANET

A Call
to Action
for
Sustainable
Healthcare



Cayman Islands

HealthcareConference

Ritz-Carlton Grand Cayman
23rd–25th October 2025



Ministry of Health,
Environment &
Sustainability
Cayman Islands Government



www.healthcareconference.ky



The most awarded organisation in the Cayman Islands

Every day, we strive to provide the highest standard of care with compassion, integrity, and dedication. Your support reminds us why we do what we do, to serve this community with kindness and excellence.



- Behavioral/Mental Health
- Dietician/Nutritionist
- Dermatology
- Chiropractic Services
- Home Care
- Occupational Therapy
- Pediatric Dentistry
- Pediatrics
- Speech Therapy



Welcome to the 16th Annual Cayman Islands Health Care Conference. As Minister for Health, Environment and Sustainability, I am honoured to welcome you to this milestone event where we will chart a bold new course for healthcare in our islands.

Today, the evidence is clear: our health and our environment exist in a delicate balance that demands our immediate attention. Environmental degradation, pollution, and climate change aren't distant threats—they are present challenges that directly impact rates of disease, quality of nutrition, and mental wellbeing across our community.

Here in Cayman, this connection runs deeper still. Our natural environment isn't just a backdrop to our lives – it's woven into the fabric of our identity. Our native plants provide more than ecological services; they preserve our cultural heritage and strengthen our sense of belonging. The sea that surrounds us offers not only livelihood but also spiritual renewal. This profound connection between our environment and our collective mental health cannot be overstated.

This year's theme – Healthy People, Healthy Planet: A Call to Action for Sustainable Healthcare – is more than a slogan. It represents our commitment to stop postponing difficult decisions and to confront our challenges with courage and innovation.

The National Coalition For Caymanians is taking decisive steps to transform how we approach healthcare in the Cayman Islands. We recognise that sustainable healthcare isn't a luxury – it's a necessity. It means delivering services that meet today's needs without compromising tomorrow's resources. It means investing in preventative care that addresses root causes rather than symptoms. It means empowering patients through health literacy and creating efficient systems that minimise both financial and environmental costs.

We are determined to improve health outcomes for all Caymanians by recognising the fundamental link between environmental health and human wellbeing. This isn't just about treating illness; it's about creating the conditions for true health to flourish.

The journey ahead requires persistence beyond political cycles and commitment that transcends administrations. But we cannot afford to delay any longer. The time for action is now, and I am proud that our ministry is taking the lead.

Over the coming days, you will hear from experts in various fields, all united by a common purpose: to build a healthcare system that honours both people and planet. I encourage you to engage fully, to challenge assumptions, and to help us forge innovative solutions that will serve our community for generations to come.

I look forward to working alongside each of you as we transform our vision into reality.

Wishing you a transformative and actionable conference experience.

Honourable Katherine Ebanks-Wilks
Minister for Health, Environment & Sustainability



"This year's theme – Healthy People, Healthy Planet: A Call to Action for Sustainable Healthcare – is more than a slogan. It represents our commitment to stop postponing difficult decisions and to confront our challenges with courage and innovation."



**Ministry of Health,
Environment &
Sustainability**
Cayman Islands Government

Conference Agenda

2025 Cayman Islands Healthcare Conference

WiFi network: **RitzCarlton_CONFERENCE** WiFi password: **HealthyPeople**

THURSDAY, 23 RD OCTOBER	
5:00 – 5:30 PM	Refreshments and Registration
5:30 – 5:35 PM	Welcome Remarks – H.E. the Governor, Jane Owen, Governor of the Cayman Islands
5:35 – 5:45 PM	Opening Remarks – Hon. Katherine Ebanks-Wilks, Minister for Health, Environment and Sustainability
5:45 – 5:50 PM	Remarks – Rebekah Brooks, Head of Marketing & Sales, Health City Cayman Islands
5:50 – 6:10 PM	Camana Bay: A Centre for Health & Wellness – Jennifer Ebanks, Executive Manager Commercial Leasing, Dart
6:10 – 7:10 PM	Wellness is the New Primary Care – Dr. Anoop Kumar, Co-Founder and CEO, Numocore
7:10 – 8:10 PM	Putting HEARTS into Health: Implementing the PAHO HEARTS Programme in the Cayman Islands – Rachel Corbett, National Epidemiologist and Dr. Nick Gent, Chief Medical Officer, Ministry of Health, Environment and Sustainability
8:10 – 8:15 PM	Closing Remarks – Lizzette Yearwood, Chief Executive Officer, Cayman Islands Health Services Authority
8:15 – 9:15 PM	Cocktail Reception Sponsored by: Dart

FRIDAY, 24 TH OCTOBER	
7:45 – 8:30 AM	Registration and Breakfast
8:30 – 8:35 AM	Welcome Remarks – Tamara Ebanks, Chief Officer, Ministry of Health, Environment and Sustainability
8:35 – 9:35 AM	Precision Medicine in Neuro-Oncology: Shaping the Future of Brain Tumor Treatment – Dr. Manmeet S. Ahluwalia, Chief Scientific Officer, Deputy Director and Chief of Medical Oncology, Baptist Health Miami Cancer Institute
9:35 – 10:35 AM	Sustainable Healthcare Through AI-Powered Compassion – Dr. Scott David, Physician of Longevity, Anti-Aging and Restorative Medicine, Grand Harbour Medical
10:40 – 10:55 AM	Coffee Break Sponsored by: The Wellness Centre
10:55 – 11:55 AM	Unseen Wounds: The Ethical Dimensions of Moral Injury in Healthcare Providers – Dr. Karyna Davis Irons, Consultant Anaesthetist, Intensive Care Specialist and Bioethicist, Cayman Islands Health Services Authority
LUNCH will be available between 12 noon and 2:30 PM	

2025 Cayman Islands Healthcare Conference

WiFi network: **RitzCarlton_CONFERENCE** WiFi password: **HealthyPeople**

FRIDAY, 24 TH OCTOBER	
12:00 – 1:00 PM	The Future of Sustainable Healthcare: Medicine vs Nature – Dr. Seetha Venkateswaran, Director for Primary Care Practices, Cleveland Clinic
1:05 – 2:05 PM	Transforming Stroke Care: The Role of AI in Sustainable Healthcare Delivery – Dr. Romnesh De Souza, Senior Consultant Interventional Radiologist, Health City Cayman Islands
2:05 – 3:05 PM	The Cornerstone of Health: Why Family Medicine Matters Most – Dr. David Kwinter, Family Medicine & Urgent Care Physician, Doctors Hospital
	Eco-Friendly Paediatric Dentistry: Cultivating Sustainable Smiles Through Prevention and Conscious Care – Dr. Shalini Sharma, Paediatric Dental Surgeon, Total Health (Breakout Session – Rembro Room)
3:05 – 3:20 PM	Coffee Break
3:25 – 4:25 PM	Preventative Gynaecology: A Pillar of Sustainable Women's Health – Dr. Pooja Monteiro, Consultant Obstetrician and Gynaecologist, Total Health
	Cardiac Amyloidosis: It's Left, Right, and Centre. You Just Need to Look – Dr. David Wolinsky, Founder Cardiac Amyloid Center and Section Head of Nuclear Cardiology, Cleveland Clinic (Breakout Session – Rembro Room)
4:25 – 5:25 PM	Intertwined Crisis: Metabolic Disease and Climate Change – Dr. Seshadri Pramodh, Consultant Endocrinologist, Integra Healthcare
	Looking Forward: A Pathway to Resilient Healthcare Systems – Dr. Maryam Abdool-Richards, Regional Health and Healthcare Consultant, Trinidad and Tobago (Breakout Session – Rembro Room)
Visit our health students' displays throughout the day. Students will be present to answer questions between 2:00 pm and 4:00 pm.	
* Healthcare Conference Wellness Workshops - Capella Room (5 th floor)	
9:30 – 10:30 AM	Chair Yoga
11:00 AM – 12:00 PM	Breathe (sound)
9:00 AM – 12:00 PM	Service booth

SATURDAY, 25 TH OCTOBER	
8:15 – 9:00 AM	Registration and Breakfast
9:00 – 10:00 AM	Recycling in Healthcare – Dr. Anthony Cook, Paediatric and Adult Urologist, Cayman Orthopaedic Group
10:05 – 11:05 AM	Less is More: Innovative Care in Paediatric Intractable Epilepsy to Create Healthier Futures – Dr. Matt Lallas, Paediatric Neurologist, Nicklaus Children's Paediatric Specialists
11:10 – 11:25 AM	Coffee Break: Sponsored by: Cayman First Insurance
11:25 – 12:25 PM	The Voice of Our Youth: The Why Behind Young People's Mental Health Challenges – Dr. Chantal Basson, Chair – Clinical & Education Committee, Alex Panton Foundation, Felicia McLean, Chief Nursing Officer, Ministry of Health, Environment and Sustainability
12:25 – 12:45 PM	Closing Remarks – Hon. Katherine Ebanks-Wilks, Minister for Health, Environment & Sustainability



EMPOWERING HEALTHIER LIVES THROUGH COLLABORATIVE CARE AND COMMUNITY OUTREACH

Grand Harbour Medical has partnered with Northwell Health,
New York's largest healthcare provider, to bring you enhanced care close to home.

Patients Benefit from:

Direct access to Northwell Health specialists:

Your GHM physician can consult virtually with Northwell specialists across all specialties, ensuring you receive expert recommendations for your treatment plan.

Expanded Network of Specialists:

Gain access to Northwell's extensive network of experts across medical disciplines.

Personalized Care Coordination:

A dedicated care coordinator will facilitate seamless communication and prompt appointment scheduling, simplifying your healthcare journey.

Raising health and wellness throughout the community:

Expanded healthcare services and resources to local residents, focusing on overall health and wellbeing.

Appointments available across all specialties, sub-specialties and Tele-radiology!



Schedule and Appointment:

Grand Harbour Shopping Centre

PO Box 1522 KY1-9006, Cayman Islands

Grand Harbour Medical Office

+1 345 949 4309

frontdesk@grandharbourmedical.com

Business Hours

Monday	7:00am-4:30pm
Tuesday	7:00am-4:30pm
Wednesday	7:00am-4:30pm
Thursday	7:00am-4:30pm
Friday	7:00am-4:30pm
Saturday	8:00am-12:00pm

HE Governor Jane Owen

Governor of the Cayman Islands

Jane Owen was appointed Governor of the Cayman Islands on Friday, 21 April 2023. Before taking up her current post, Her Excellency spent many years as a highly experienced senior corporate leader and diplomat, most recently as HM Ambassador to the Swiss Confederation and non-resident Ambassador to Liechtenstein from 2017 to 2023.

Other career postings include Deputy CEO and Chief Operating Officer, UK Trade and Investment (UKTI) from 2014 to 2016; HM Ambassador to Norway (2010 to 2014); Director, Trade, Finance, Science and Climate Change, British High Commission, New Delhi, India (2006 to 2010); Director of Trade Promotion, British Embassy, Tokyo, Japan (2002 to 2006); Deputy Head of Mission, British Embassy, Hanoi, Vietnam (1998 to 2001); Head of Mediterranean and Asia Section, European Union Department in the Foreign Commonwealth Office (1996 to 1998); Head of Exports to Japan Unit, Department of Trade and Industry (1993 to 1996); and Second Secretary (Commercial), British Embassy, Tokyo, Japan (1990 to 1993).

Governor Owen was educated at Ellerslie School in Malvern, and Trinity College, Cambridge (BA Hons in Russian, French and German). She was born in Bilston in the West Midlands. She married David Donnelly in 1998 who passed away in 2017. They have two children, Phoebe and James.



Honourable Katherine Ebanks-Wilks

Minister for Health, Environment & Sustainability, Cayman Islands Government

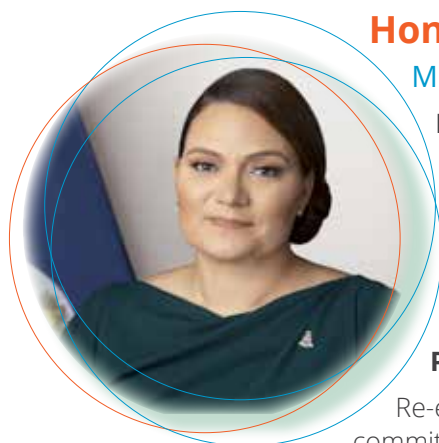
Hon. Katherine Ebanks-Wilks is a distinguished leader in the Cayman Islands, recognised for her extensive contributions to public service and parliamentary leadership. First elected as a Member of Parliament in 2021, she made history by becoming the youngest Speaker of the House of Parliament on 7 December 2022. In her Speakership role, she chaired the Parliament Management Council, served as President of the Commonwealth Parliamentary Association (Cayman Islands Branch) and led the Commonwealth Parliamentary Association Youth Parliament Organising Committee.

Re-elected for a second term in 2025, Katherine has continued to demonstrate a steadfast commitment to her community and effective governance. Her diverse experience includes serving as Deputy Speaker of the House, Parliamentary Secretary to the Ministry of Financial Services & Commerce, and the Ministry of Education. Additionally, she has held the positions of Acting Deputy Premier, Acting Minister of Financial Services, Commerce, Investment, Innovation, and Social Development, and Acting Minister of Education.

With over 15 years' experience in the legal profession, Katherine began her career in Financial Services in the private sector and pursued her law degree, while working full time. She later transitioned to the civil service, where she worked in Portfolio of Legal Affairs at the Cayman Islands Law Reform Commission. Katherine is deeply passionate about her community, representing the constituency of West Bay Central, and is a founding director of the United Against Bullying Foundation, which focuses on preventing and educating youth about bullying behaviour. She is also a founding director of the Cayman Islands Youth Development Consortium, an organisation which supports at-risk youth.

In her current role as Minister for Health, Environment, and Sustainability, Katherine has been actively working with her ministry team to implement the Climate Change Policy and the updated National Energy Policy, while promoting public health and environmental stewardship. She has been instrumental in driving reforms within Parliament, including the launch of a new parliament website and the establishment of an independent communications team to enhance transparency and accessibility to the parliamentary process. She prides herself in having participated in the recent reform of the Standing Orders of Parliament, which were in need of modernisation.

Katherine is dedicated to empowering women in politics and fostering collaborative efforts across the Commonwealth. Her leadership, vision, and unwavering dedication solidify her status as a respected figure in the political landscape of the Cayman Islands.



Speakers

Tamara Ebanks

Chief Officer, Ministry of Health, Environment and Sustainability

Tamara Ebanks, a seasoned public servant with over two decades of experience in the Cayman Islands Civil Service, was appointed Chief Officer of the Ministry of Health, Environment and Sustainability in May 2025.

Ms. Ebanks holds a master's degree in human resource management from the University of Portsmouth and bachelor's degree in sociology from York University. She has numerous professional certifications, and her expertise spans legislative development, financial oversight, policy formulation and human resource management. In her current role, Ms. Ebanks is leading the Ministry's efforts to advance the health and wellbeing of the people of the Cayman Islands—not only by improving access to, and the quality of, the nation's healthcare services, but also by fostering sustainable environmental, social, and economic balance. This holistic approach contributes to better health outcomes and encourages balanced decision-making across the three pillars of sustainable development.

Rebekah Brooks

Head of Marketing & Sales, Health City Cayman Islands

Rebekah has over 25 years of experience in the healthcare industry and was appointed as Head of Marketing and Sales at Health City Cayman Islands in January 2022. Prior to joining Health City, she served as managing director for Baptist Health International Cayman Islands, where she was responsible for the initial setup, development, and management of the PET/CT Diagnostic Centre. In this role, she also led business development for the Cayman Islands market and was honoured to receive the Grand Award for Business of the Year in 2018 by the Chamber of Commerce. Before this position, Rebekah was the practice manager at the Children's Clinic, Cayman, and previously worked as an intensive care nurse.

Rebekah holds a MBA in Leadership, a BSc (Hons) in Nursing RGN, and the CIM Professional Certificate in Marketing. She is the current Chair of the Cayman Islands Cancer Society and the past president of the Cayman Islands Nurses Association. She is also a former lactation consultant and a current member of the Cayman Islands Breastfeeding Support Group.

Rebekah was the proud recipient of the Eloise Reid Award for Nursing Excellence and has served as a board member for the Health Appeals Tribunal.

Rebekah is married and blessed to be the mother of three children. When not working or spending time with her family, she enjoys running, pilates, and skiing.

Jennifer Ebanks

Executive Manager Commercial Leasing, Dart

Jennifer Ebanks is the Executive Manager-Commercial Leasing at Dart where she specialises in connecting businesses with purpose-built environments tailored to elevate client experience, streamline operations, and foster long-term growth.

Since joining Dart in 2016, her expertise and results-driven mindset have helped organisations of all sizes discover their perfect space within the company's growing portfolio. With nearly two decades of experience spanning real estate, hospitality, and publishing, Jennifer brings a strategic, service-oriented approach to guiding practices toward spaces where they can truly thrive.

Anoop Kumar, MD, MM

Co-founder and CEO, Numocore

Physician. Philosopher. Architect of a Consciousness-First Health System.

Dr. Anoop Kumar communicates a transformative vision of health at a time when society is beginning to connect the dots between consciousness, quantum healing, and the limits of a mechanistic worldview. A Board-Certified emergency physician and Co-founder and CEO of NUMOCORE, he is pioneering a health system built not only for cure, but for healing, coherence, and the full expression of human potential.

Rachel Corbett

National Epidemiologist, Ministry of Health, Environment & Sustainability

Rachel Corbett is the National Epidemiologist within the Ministry of Health, Environment & Sustainability. She has experience as an epidemiologist in the UK at the local, national and international level. Ms. Corbett previously studied at the London School of Hygiene and Tropical Medicine, and completed the highly regarded UK Field Epidemiology Training Programme (FETP).

Ms. Corbett supported the UK COVID-19 pandemic response in a number of ways, including leading the international travel risk assessment team to assess the risk COVID-19 travellers faced when visiting any country in the world, and informing government policy.

In her current role, Ms. Corbett is supporting the surveillance and reporting of both communicable and non-communicable diseases in the Cayman Islands and strengthening the public health capacity.

Dr. Nick Gent

Chief Medical Officer, Ministry of Health, Environment & Sustainability

Dr. Nick Gent is a highly experienced public health doctor who joined the Ministry of Health, Environment & Sustainability as Chief Medical Officer in October 2022.

Dr. Gent left the post of senior medical adviser/consultant in Public Health with the UK Health Security Agency where he worked principally in the field of Chemical, Biological & Radiological (CBRN) Threats, and the management of major incidents and severe public health threats for the last 20 years.

Prior to this, Dr. Gent worked in district public health services as a director of Public Health and as an executive member of a number of health service authorities in the UK National Health Service with responsibility for public health, health protection, and developing and commissioning a wide range of health care services.

Dr. Gent also has extensive experience with working for the European Union, World Health Organization, the World Bank and the UK Department for International Development in areas including advice on legislation concerning human rights, public health, health services, and health regulations, preparedness and response to major incidents, disaster relief coordination, restoring and developing public health systems, and developing health care services. He is a member of the World Health Organization roster of experts as an adviser on public health in radiation emergencies, public health security including bioweapons and risk assessment.

He is a recipient of the UK Faculty of Public Health's Alwyn Smith Prize for his outstanding contribution to the health of the public (2015), and was awarded the West Africa Medal for his services in Sierra Leone during the 2014-15 ebola outbreak.

Dr. Gent was made a Commander of the Order of the British Empire for services to health protection in 2018.



Welcome to Award-Winning Care.

Ranked among the best hospital systems in the United States, Baptist Health has one of the nation's largest and busiest international divisions. Thousands of people from around the world travel to South Florida each year to receive the finest medical care at Baptist Health's facilities.

Baptist Health offers an extensive range of medical and surgical services, supported by state-of-the-art technology and internationally renowned physicians and institutes.



For more information or to schedule an appointment, call **786-596-2373** or contact us at International@BaptistHealth.net

Lizzette Yearwood, JP, MMH, MHA, Cert. Hon.

Chief Executive Officer, Cayman Islands Health Services Authority

Lizzette Yearwood, a registered nurse, is the Chief Executive Officer of the Cayman Islands Health Services Authority (HSA), with overall responsibility for the day-to-day operations of the Cayman Islands Hospital on Grand Cayman, Faith Hospital on Cayman Brac, as well as district health centres and clinics on all three Islands.

She holds a master's degree in health services management from the University of Minnesota, an advanced certificate in Quality Management from the Singapore Productivity Institute, and a certification from the American Society of Healthcare Risk Management.

Ms. Yearwood has over 30 years of progressive experience in local and international healthcare settings. Since joining the HSA in 1993, she has amassed a wealth of experience and expertise that has contributed to the growth and success of the organisation. She is a recipient of the 2013 Medal of Honour (MMH). She was also recognised as an Emerging Pioneer in Healthcare at the 2015 National Heroes' Day celebrations and awarded the Cayman Islands Certificate and Badge of Honour (Cert. Hon.) in 2021 for meritorious services rendered in response to the COVID-19 pandemic.

Ms. Yearwood is a native of one of the Sister Islands, Cayman Brac, and has one daughter, Kelsey.

Manmeet S. Ahluwalia, M.D., MBA

Chief Scientific Officer, Deputy Director and Chief of Medical Oncology
Fernandez Family Endowed Chair in Cancer Research,
Baptist Health Miami Cancer Institute

Manmeet S. Ahluwalia, M.D., is the Chief Scientific Officer, Deputy Director, Chief of Medical Oncology and Fernandez Family Endowed Chair in Cancer Research at Baptist Health Miami Cancer Institute. As a neuro-oncologist, Dr. Ahluwalia's main areas of research and patient care are primary brain tumours (tumours originating in the brain that can be cancerous or noncancerous) and brain metastases (cancers that originate elsewhere in the body and spread to the brain).

Dr. Ahluwalia earned his medical degree from Maulana Azad Medical College, University of Delhi, and trained in internal medicine at Cleveland Clinic and in haematology-oncology at Roswell Park Cancer Institute. He later became the Miller Family Endowed Chair in Neuro-Oncology and a professor at the Cleveland Clinic Lerner College of Medicine. In 2020, he earned an MBA in healthcare management from Case Western Reserve University and soon after joined Miami Cancer Institute to build South Florida's most extensive cancer programme.

For over a decade, he has led practice-changing research for developing new therapies for patients with primary brain tumours and brain metastases, resulting in his 250+ peer-reviewed papers. He designed and led the initial studies on combining immunotherapy/targeted therapy and radiosurgery in brain metastases.

He co-led the first-in-man trial of Laser Interstitial Thermal Therapy (LITT) for primary brain tumours, which led to US FDA approval. He also designed and led the LASSR trial exploring LITT for brain metastases and radiation necrosis and authored the landmark paper describing the Phase II trial of SurVaxM for glioblastoma in the Journal of Clinical Oncology.

Dr. Ahluwalia has received several prestigious awards, including the Fellowship of the American Society of Clinical Oncology (ASCO), the National Cancer Institute/Cancer Therapy Evaluation Programme Career Development Award via the American Brain Tumour Consortium Career (ABTC), ASCO Leadership Development Programme, the 2023 Most Distinguished Physician Award from the American Association of Physicians of Indian Origin (AAPI), among others. He is fluent in English, Hindi and Punjabi.

Speakers

Scott H. David, D.O. FACEP

Physician of Longevity, Anti-Aging and Restorative Medicine, Grand Harbour Medical



Dr. Scott David is an internationally respected medical professional with an exciting and dynamic medical practice. He is a multi-boarded physician with an extensive history of working within the wellness and fitness industry. The author of “Testosterone for Your Life”, he has decades of experience in the clinical practice of precision and preventative medical care, weight loss coaching, anti-aging and regenerative medical care, hormonal therapy, nutritional wellness and physical training. Currently, he is a partner and the Clinical Director of the General Practice, Anti-Aging and Regenerative Medicine programme at Grand Harbour Medical Centre.

Dr. Karyna Davis-Irons

Consultant Anaesthetist, Intensive Care Specialist and Bioethicist, Cayman Islands Health Services Authority



Dr. Karyna Davis-Irons is a consultant anaesthetist and intensivist at the Cayman Islands Health Services Authority, where she provides perioperative, intensive care, and pain management services. She holds a Doctorate in Anaesthesia and Intensive Care (DM), an LLM in Medical Law and Ethics, and a Graduate Diploma in Law, alongside certifications in Data Protection and Medical Legal Consulting.

Beyond her clinical practice, Dr. Davis-Irons is dedicated to advancing ethics in medicine. She lectures in clinical ethics within the CIHSA, at medical schools, and at international conferences. Through the Lecturio platform—a global medical education provider—she reaches learners worldwide through collaboration with bioethicists from the Johns Hopkins Berman Institute of Bioethics. She also authors the Substack publication Do No Harm, which brings real-world ethical dilemmas into open conversation with both healthcare professionals and the public.

Dr. Davis-Irons is a member of the Institute of Medical Ethics, the World Association of Medical Law, the Jamaican Society of Anaesthetists, and the Cayman Islands Society of Anaesthesiologists.

Dr. Seetha Venkateswaran

Director for Primary Care Practices, Cleveland Clinic



Dr. Seetha Venkateswaran is an associate staff member in the Department of Family Medicine at the Primary Care Institute, Cleveland Clinic Florida. She currently serves as site director for the Weston primary care practices, overseeing clinic operations for providers, nurses, and office support staff.

Dr. Venkateswaran is a clinical adjunct assistant professor in the Department of Family and Community Medicine at Florida Atlantic University, serving as a community preceptor for teaching family medicine curricula to third year medical students. In addition, she is a member of the American Academy of Family Physicians, Florida Association of Family Physicians and Society of Teachers in Family Medicine. She also has a strong interest in community outreach and advocacy and serves on the Board of Directors for Broward County Medical Association and its Political Action Committee. Dr. Venkateswaran has a passion for administration and is currently pursuing her executive master's degree in health administration at Florida Atlantic University.

Dr. Romnesh De Souza

Consultant Interventional Neurologist, Health City Cayman Islands

Dr. Romnesh de Souza has served as a consultant interventional neurologist at Health City Cayman Islands since 2016. His clinical focus is on stroke and interventional neurology. Following his residency in neurology, he completed a two-year fellowship in interventional neurology, gaining advanced expertise in neurovascular interventions.

Dr. de Souza is a distinguished physician with a strong academic background, having published extensively in peer-reviewed journals. At Health City, he has led several pioneering initiatives, including the establishment of a dedicated multiple sclerosis treatment centre. He has also performed a number of first-of-their-kind procedures in the Cayman Islands, such as the first mechanical thrombectomy for acute stroke, the first flow diverter for intracranial aneurysms, the first arteriovenous malformation (AVM) embolisation, the first dural fistula embolisation, and the first bypass surgery for a giant middle cerebral artery aneurysm.

In addition to his clinical achievements, Dr. de Souza has played a key role in developing Health City as a stroke-ready hospital, incorporating advanced technologies, including artificial intelligence, to enhance diagnostic precision and improve patient outcomes.

Dr. David Kwinter

Family Medicine & Urgent Care Physician, Doctors Hospital

Dr. David Kwinter brings over a decade of dedicated experience in both family and emergency medicine to his practice. Originally from Vancouver, Canada, he honed his skills at a busy regional hospital in rural Newfoundland before relocating to the Cayman Islands with his wife and three sons in 2023.

Dr. Kwinter is passionate about leveraging technology to provide proactive, preventative care. His approach is centred on empowering patients through education, early intervention, and longitudinal care, ensuring optimal management of their health and wellness.

Dr. Shalini Sharma, MDS

Paediatric Dental Surgeon, Total Health

Dr. Shalini Sharma is a renowned dental surgeon with vast experience in cosmetic procedures. With a master's in dental surgery (M.D.S.) from College Of Dental Science, Davangare, Karnataka (2004) and 19+ years in the field, Dr. Shalini has a strong passion for enhancing her patients' natural beauty and boosting their self-confidence.

Dr. Shalini pursued specialised training in facial cosmetic and aesthetic procedures earning multiple certifications honouring her skills and expertise in the field. She is dedicated to educating her patients about their options and guiding them through the decision-making process with honesty and transparency.

Outside of her practice, Dr. Sharma enjoys great food, meeting people from different cultural backgrounds and learning the latest cosmetic technology to help her patients achieve their aesthetic goals and feel more confident in their own skin.



WHERE HEALTH & WELLNESS BLOSSOM

COMING TO CAMANA BAY IN 2027

- A purpose-built multidisciplinary medical facility
- Offering modern 1,000 sq. ft. spaces to multi-floor practices
- Ample accessible parking and elevator access
- Ground floor amenities including a café and wellness offerings
- Located adjacent to Health City at Camana Bay
- Serving the 3,800+ people who live, work and visit the Town Centre daily

Register your interest at +1 345 640 3600 or leasing@dart.ky

LEARN MORE



DART



HEALTH CITY WOMEN

Exceptional maternity care wrapped in comfort and compassion

Deliver in confidence at Health City at Camana Bay. Enjoy the peace of mind that comes with expert care, state-of-the-art neonatal facilities, and a luxurious, nurturing environment - providing the very best for you and your baby, without the high price tag*.



LEARN MORE

Book your maternity tour today.
Email: maternity@healthcity.ky
Call: (345) 640 4040 / (345) 936 9430

**Health City Cayman Islands charges the standard health insurance fees.*

HEALTHCITY.KY

HEALTH CITY
Cayman Islands

Dr. Pooja Monteiro

Consultant Obstetrician and Gynaecologist, Total Health

Dr. Pooja Monteiro is a consultant obstetrician and gynaecologist at Total Health, with over 13 years of experience. She has been practicing in the Cayman Islands for more than six years.

Dr. Monteiro completed her MBBS from the Maharashtra University of Health Sciences in India. She is board-certified in obstetrics and gynaecology by the National Board of Examinations, New Delhi, and also holds a Diploma in Family Planning from the College of Physicians and Surgeons, Mumbai.

Dr. Monteiro's clinical journey spans a broad range of expertise, particularly in laparoscopic and robotic (minimally invasive) surgery, high-risk obstetrics, gynaecological endocrinology and cosmetic gynaecology.

Her key areas of interest include menopause and adolescent gynaecology, endocrine disorders affecting women, and cancer screening and prevention.

David Wolinsky MD FACC MASNC

Founder Cardiac Amyloid Center and Section Head of Nuclear Cardiology, Cleveland Clinic

Dr. David Wolinsky joined the staff at Cleveland Clinic Florida in 2011. He is presently section head of nuclear cardiology and medical director of cardiac rehabilitation. More recently, he developed the cardiac amyloid clinic for which he remains director. Under his leadership the clinic has become the largest of its kind in South Florida.

Dr. Wolinsky is a graduate of Columbia University where he received his undergraduate and medical degrees. He carried out his postgraduate training and was on staff at St. Luke's Hospital in New York City for seven years before joining Albany Associates in Cardiology in Albany, New York where he worked as director of the nuclear cardiology programme, which he founded, and also served as director of the heart failure and cardiac rehabilitation and wellness programmes.

Dr. Wolinsky is a founding member of the American Society of Nuclear Cardiology. He was a member of the Board of Directors and the Executive Committee and served as President in 2015. He has been Chair of the Health Policy Committee since 2018 where he focuses on developing alliances that promote optimal utilisation of non-invasive imaging to provide maximal value in the modern healthcare paradigm. He is Chair of the task force that has developed Refer Wisely, joint initiative of the American Society of Nuclear Cardiology and the American College of Physicians to provide education regarding the appropriate use of diagnostic imaging with a specific focus on the appropriate use of myocardial perfusion imaging.

More recently Dr. Wolinsky has focused much of his clinical work on cardiac amyloidosis. He has established a multidisciplinary programme for the management of amyloidosis that is managing over 250 patients. He is involved in early diagnosis, nuclear imaging, and treatment of the disease. Dr. Wolinsky developed the scintigraphic imaging programme for cardiac amyloidosis and has helped multiple nuclear cardiology labs improve their testing. He has participated in multiple clinical trials and research projects aimed at a better understanding of cardiac amyloidosis.

Experience our Services

Friday, 24 October, 9am-12pm

Capella Room, 5th Floor



Yoga
Trauma informed
9:30am-10:30am



Sound Therapy
Breathing & Meditation
11:00am-12:00pm



Service Booth
Information & Guidance
9:00am-12:00pm



**Department of
Counselling Services**
Cayman Islands Government



MyHSA

PATIENT PORTAL



Providing you with
**secure access to your
health information**
24 hours a day, 7 days a week

- ✓ View general lab & radiology written reports
(ie: mammogram, X-ray, CT, MRI, PAP)
- ✓ Request General Practice appointments
- ✓ Access your child's health information
- ✓ Send a message for your doctors
- ✓ Track immunisation, allergy & health history
- ✓ Refill prescriptions online
- ✓ Log in anytime from your
mobile app or desktop



hsa.ky | 949-8600



Download Now!



Dr. Seshadri Pramodh

Consultant Endocrinologist, Integra Healthcare

Dr. Seshadri Pramodh is a consultant in endocrinology, based at Integra Healthcare with over 24 years of experience in the field of diabetes and endocrinology. After his MRCP (UK) he trained at King's College Hospital and Portsmouth teaching hospitals in the UK, earning his Certificate of Completion of Training in Endocrinology and Internal Medicine in 2007.

Dr. Pramodh has extensive experience in intensive Type 1 diabetes management, diabetes in pregnancy and all aspects of general endocrinology. He led the multi-disciplinary Obstetric Diabetes and Endocrine Clinic for 17 years as a consultant endocrinologist at Yeovil District General Hospital in England. He also served as the clinical lead for endocrinology services during the final two years of his service there and has special interests in pituitary and thyroid disease.

Dr. Maryam Abdool-Richards, C.M

Principal Medical Officer, Ministry of Health, Government of the Republic of Trinidad & Tobago

Dr. Maryam Abdool-Richards, C.M is a highly respected strategist and thought-leader on building purposeful and robust partnerships for international development in health and healthcare. She was the Vice Chair of the 75th World Health Assembly in May 2022. In her role as Principal Medical Officer, at the Ministry of Health, Government of the Republic of Trinidad and Tobago, she earned the country's second highest honour, the Chaconia Medal Gold, for outstanding leadership in Public Health during the COVID-19 pandemic.

In addition to her role as principal medical officer, Dr. Abdool- Richards serves as a non-executive director on private and public sector boards in the insurance (2022-present), manufacturing (2021-2025) and property development sectors (2020-2025) forging strategic, cross-sectoral alliances to deliver high-value projects.

Dr. Anthony Cook

Paediatric and Adult Urologist, Cayman Orthopaedic Group

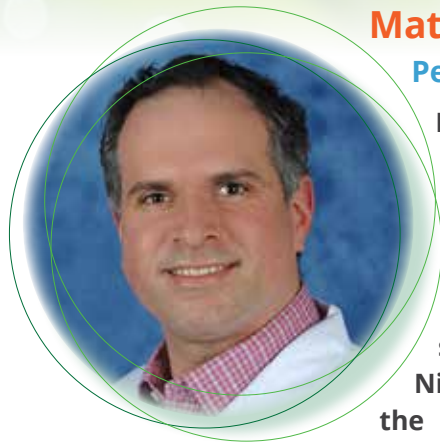
Dr. Anthony Cook received his medical degree from the University of Western Ontario in London, Ontario graduating with distinction as the gold medalist of his class of 1998. Through 2003 he completed a urology residency at the University of Western Ontario and became a fellow of the Royal College of Physicians and Surgeons of Canada in June 2003. He subsequently completed a paediatric urology fellowship at The Hospital for Sick Children in Toronto, Ontario, completing the fellowship in June 2005. He concurrently took up an associate staff position at The Hospital for Sick Children from 2004 to 2006.

He was subsequently recruited to the Alberta Children's Hospital at the University of Calgary in Calgary, Alberta as the chief of paediatric urology. He continues to practice both paediatric and adult urology with sub-specialisation in reconstructive surgery. He resides in Calgary and part-time in Grand Cayman with the love of his life, Jennifer and their beautiful daughter, Olivia.

Speakers

Matt Lallas, MD

Pediatric Neurologist, Nicklaus Childrens Hospital



Dr. Matt Lallas is a paediatric neurologist at Nicklaus Children's Paediatric Specialists (NCPS), the physician-led multispecialty medical group practice of Nicklaus Children's Health System. He earned his medical degree from the Rosalind Franklin University of Medicine and Science in North Chicago, Illinois, and completed two years of paediatric residency training at Children's Hospital Los Angeles in California, followed by a residency in paediatric neurology at the same institution. He then pursued a fellowship in clinical neurophysiology at Nicklaus Children's Hospital. His interests encompass clinical epilepsy, including the care of patients with medically resistant epilepsy with treatment through surgical, neuro-modulatory, or dietary methods; analysis of electroencephalography data for three-dimensional representation and correlation to imaging; as well as complex epilepsy related to genetic conditions, including channelopathies and tuberous sclerosis.

Dr. Lallas has three board certifications through the American Board of Psychiatry and Neurology and is certified in neurology with special qualification in child neurology, clinical neurophysiology and epilepsy. He is a member of the American Academy of Neurology, American Clinical Neurophysiology Society and American Epilepsy Society. His work has been published in peer-reviewed journals, and he has presented at various medical conferences.

Felicia McLean

Chief Nursing Officer, Ministry of Health, Environment & Sustainability



Felicia McLean has 26 years of experience in nursing, having qualified as a licensed practical nurse in 1997. She continued her career at the Cayman Islands Hospital until she began her Bachelor of Science degree in Nursing at Barry University, graduating in 2003. Felicia was the Director of Operations and Nursing at Jasmine (a hospice and palliative care facility) before joining the Ministry of Health, Environment & Sustainability as the Chief Nursing Officer, the first position of its kind. Passionate about nursing excellence, Felicia is eager to lead initiatives to enhance professional development within the nursing profession and ensure the highest standards of patient care in the Cayman Islands.

Felicia has been awarded the National Heroes Day Emerging Pioneer Award in Health Services (2015) and was awarded a Certificate and Badge of Honour for her work with palliative care in the Cayman Islands by HRH the Prince of Wales, now King Charles III (2019).

Felicia has served on numerous national committees and boards to advance healthcare policies. She played a critical role on the committee that led to the implementation of the Health Care Decisions Act (2019).

Felicia firmly believes that public service is essential to the future success of the Cayman Islands and is dedicated to advancing health services across the islands.

Dr. Chantal Basson

Chair, Clinical and Educational Committee, Alex Panton Foundation

Dr. Chantal Basson is a clinical psychologist with expertise in child, adolescent and family mental health. She has previously worked at Alex's Place, Adolescent Behavioural Health at the HSA, focusing on crisis mental health and suicide risk.

Chantal is a former lead consultant clinical psychologist at the National Health Service (NHS) in the UK, where she spent 10 years in senior leadership. She is also a qualified family therapy systemic practitioner, with a strong emphasis on child and family mental health. Throughout her career, she has lectured and trained across several universities and NHS Trusts.

Her clinical work centres on attachment-focused family therapy, trauma, chronic long-term health conditions, psychosomatic presentations, neurodiversity, and healing through the development of attachment relationships. Chantal is also engaged in the societal dimensions of mental health, contributing to research, policy and strategy initiatives aimed at improving long-term mental health outcomes.

She holds qualifications in several therapeutic approaches, including family therapy, dyadic developmental psychotherapy, Theraplay, autism assessments and EMDR.

Chantal currently serves as the Clinical and Educational Committee Chair for the Alex Panton Foundation, is an Executive Board Member of the Cayman Islands Psychological Association, and a member of the Pride Cayman Committee.

WE ♥ EVENTS

Proud Event Manager for the 2025 Cayman Healthcare Conference



REGISTRATION OPEN

III Walkers

CAYMAN ISLANDS MARATHON
FULL • HALF • RELAY
2025
SUNDAY 7 DECEMBER
www.caymanislandsmarathon.com



KELLY HOLDING
events & communications



1(345) 623-8822
info@kellyholding.com



REGISTRATION OPEN



Addison Kelly
BUTTERFLY 5k • 2026

SATURDAY 7 FEBRUARY

www.kellyholding.com/addison-kelly-butterfly-5k



**The Ministry of Health,
Environment &
Sustainability is proud
to showcase current
health students and
their research.**



**Ministry of Health,
Environment &
Sustainability**
Cayman Islands Government

- **Annie Hawkins**
- **Adair Welfel**
- **Tingting Hoa**
- **Jenelle Joseph**
- **Zoraida Powell**
- **Noviann McLean-Gregory**
 - **Diana Ziscovici**
 - **Brianna Ebanks**
 - **Jessica Stewart**
 - **Yasmin Elise**
 - **Arianna McCoy**
 - **Josh Levy**

Visit their displays
throughout the
day on
Friday 24th October.

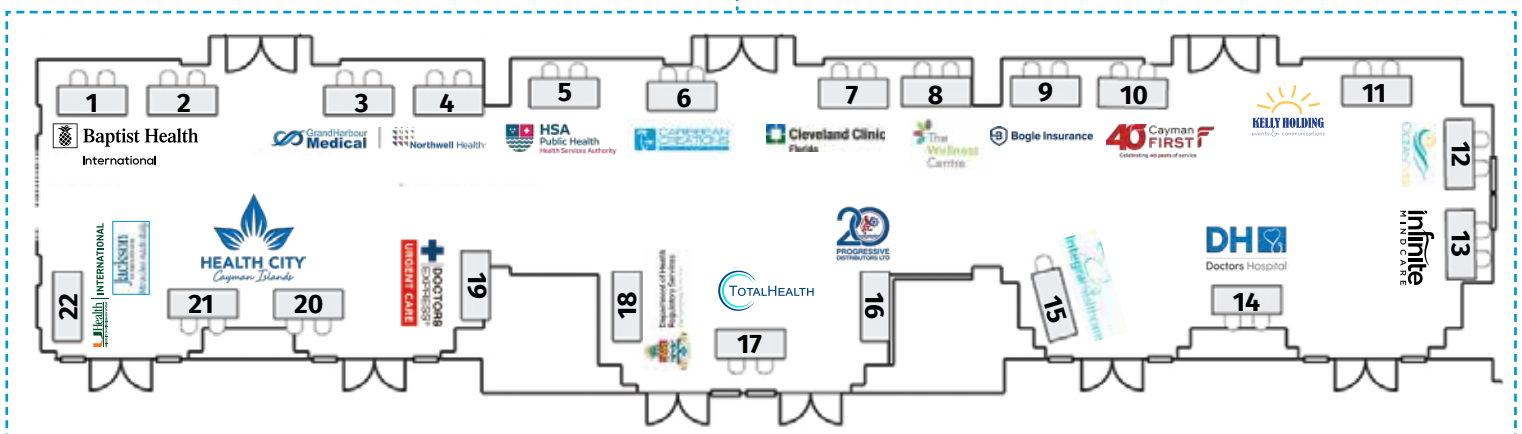
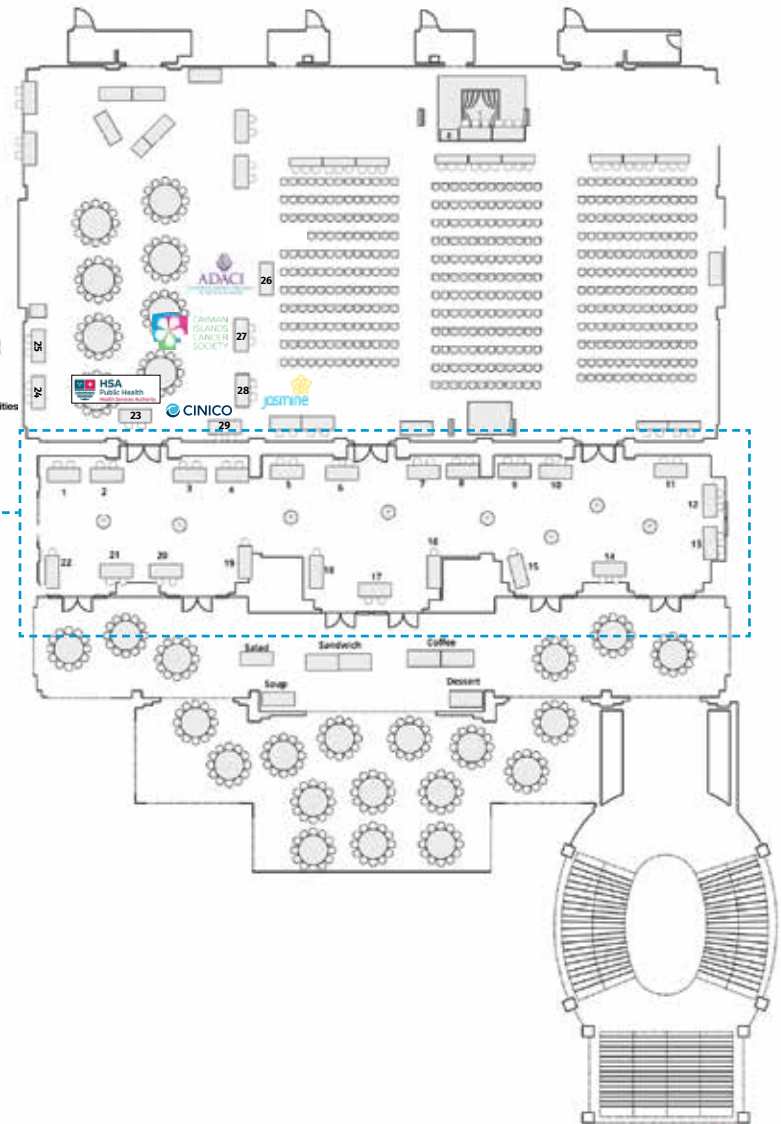
If you would like to
hear more from the
students they will be
by their displays
between
2:00 and 4:00 PM.

Exhibitor Booth Spaces

1. Baptist Health South Florida
2. Baptist Health South Florida
3. Grand Harbour Medical
4. Grand Harbour Medical
5. CI Health Services Authority
6. Caribbean Creations
7. Cleveland Clinic
8. The Wellness Centre
9. Bogle Insurance Brokers
10. Cayman First Insurance
11. Kelly Holding Ltd.
12. OceanMed
13. Infinite Mindcare
14. Doctors Hospital
15. Integra Healthcare
16. Progressive Distributors Ltd.
17. Total Health
18. Department of Health Regulatory Services
19. Doctors Express
20. Health City Cayman Islands
21. Health City Cayman Islands
22. UHealth/Jackson Health
23. HSA Public Health
24. Disability Council
25. Alex Panton Foundation
26. Alzheimers and Dementia Association
27. Cayman Islands Cancer Society
28. Jasmine
29. CINICO Health Check Station

Unmanned Tables:

Vanguard
Nicklaus Childrens Hospital
Hope Academy



SPONSORS



Ministry of Health,
Environment &
Sustainability
Cayman Islands Government

PREMIUM PLUS



COCKTAIL SPONSORS



PREMIUM



Baptist Health

International



MAJOR SPONSOR



DINNER SPONSOR



SUPPORTING SPONSORS



HEALTH CHECK STATION



COFFEE BREAK



Poinciana Rehabilitation Centre (PRC)

PRC is a tertiary care, residential mental health facility established for residents that have serious and persistent mental illness to be cared for holistically in a safe and secure environment reflecting a therapeutic approach to care. The services form a part of the continuum of mental health care in the Cayman Islands. The main goals are to provide rehabilitation services and to reintegrate residents back to their communities.

(345) 946-2222 | (345) 244-8100
poinciana@gov.ky

Department of Health Regulatory Services (DHRS)

DHRS monitors and regulates the health insurance and healthcare industry in the Cayman Islands. The Department provides support to the Health Insurance Commission (HIC) and the Health Practice Commission (HPC), as well as assistance to the public in resolving disputes regarding the provision of health insurance and health care services.

(345) 946-2084 (HIC)
(345) 949-2813 (HPC)
hic@gov.ky | hpc@gov.ky
www.gov.ky/dhrs

National Drug Council (NDC)

NDC, an independent statutory body set up under the National Drug Council Act, 2003, is mandated to provide policy advice, information, develop programmes and conduct research in the areas of education (especially youth education), prevention, treatment and rehabilitation.

(345) 949-9000 | info@ndc.ky | www.ndc.ky

Ministry of Health, Environment & Sustainability (MHES)

MHES leads government efforts to improve public health, protect the environment and advance long-term sustainability. Bringing together healthcare, environmental management and climate resilience under one portfolio, the Ministry works to ensure safe, healthy communities now and for future generations.

Mosquito Research & Control Unit (MRCU)

MRCU aims to help Cayman Islands residents by reducing mosquito nuisance and protecting against mosquito-borne diseases such as malaria and dengue which are common in the region.

(345) 949-2557
contact@mrcu.ky | www.gov.ky/mrcu

Health Services Authority (HSA)

HSA provides healthcare services via the George Town Hospital, District Health Centres, Smith Road Medical Centre, and Bay Town House in Grand Cayman, Faith Hospital in Cayman Brac, and a clinic in Little Cayman.

(345) 949-8600 | info@hsa.ky | www.hsa.ky

Department of Environmental Health (DEH)

DEH protects the public from environmental health related hazards through a range of measures and activities including management of food hygiene and safety, district sanitation and pest control, management of solid and hazardous wastes including waste collection, recycling and disposal; and public education and promotion programmes.

(345) 949-6696 | DEHcustomerservice@gov.ky | www.gov.ky/deh

Department of Environment (DOE)

DOE facilitates responsible management and sustainable use of the natural environment and the natural resources of the Cayman Islands through environmental protection and conservation, wise use, scientific research and public education.

(345) 949-8469 | doe@gov.ky | www.doe.ky

Department of Counselling Services (DCS)

DCS provides high quality, cost-effective, evidence based and culturally sensitive treatment services and interventions in the Cayman Islands for residents of all ages. DCS is made up of three distinct agencies: Caribbean Haven Residential Centre (CHRC), Family Resource Centre (FRC), and The Counselling Centre (TCC).

(345) 947-9992 (CHRC) | (345) 949-0006 (FRC)
(345) 949-8789 (TCC)
counselling.services@gov.ky (CHRC and TCC)
frc@gov.ky | www.dcs.gov.ky

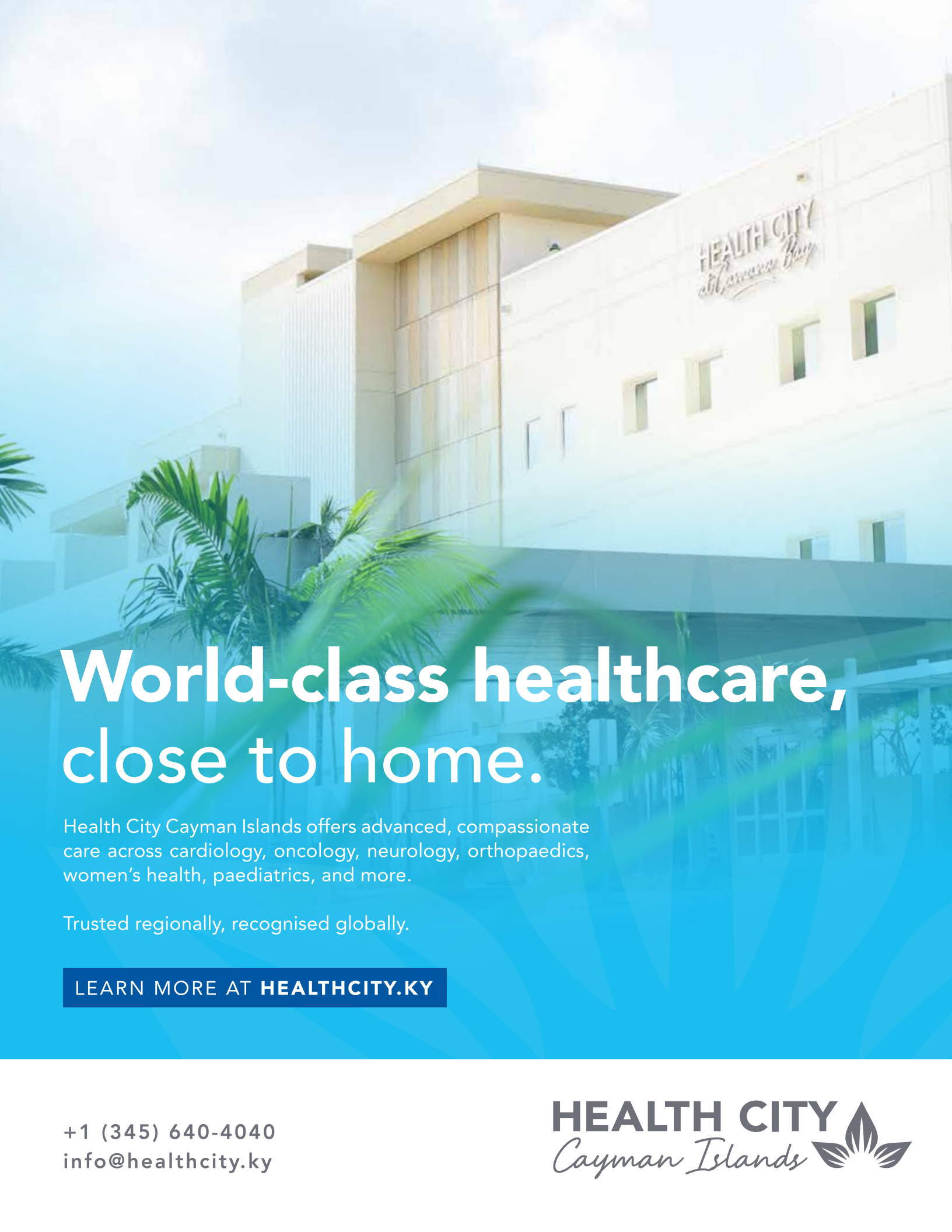


Ministry of Health,
Environment &
Sustainability
Cayman Islands Government

(345) 244-2377 | healthandwellness@gov.ky

[facebook.com/MHESCayman](https://www.facebook.com/MHESCayman) [instagram.com/Hes.cayman](https://www.instagram.com/Hes.cayman)

www.gov.ky/health

A photograph of the Health City Cayman Islands building, a modern multi-story structure with a light-colored facade and large windows. The building is partially obscured by a blue geometric overlay and palm trees in the foreground. The text "HEALTH CITY Cayman Islands" is visible on the building's facade.

World-class healthcare, close to home.

Health City Cayman Islands offers advanced, compassionate care across cardiology, oncology, neurology, orthopaedics, women's health, paediatrics, and more.

Trusted regionally, recognised globally.

LEARN MORE AT **HEALTHCITY.KY**

+1 (345) 640-4040
info@healthcity.ky

HEALTH CITY
Cayman Islands The logo features a stylized leaf or flame-like symbol to the right of the text "HEALTH CITY". Below "HEALTH CITY" is the text "Cayman Islands" in a script font.