# THE HEALTH ECOSYS



HealthcareConference

Ritz-Carlton, Grand Cayman 17<sup>th</sup> – 19<sup>th</sup> October 2024



Ministry of Health & Wellness

Cayman Islands Government















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# **EXPERIENCE**

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It is my pleasure to welcome you to the 15th Annual Cayman Islands Healthcare Conference. The Ministry of Health & Wellness understands the importance of this conference, and what it provides to both professionals and private citizens, and we are grateful that every year you continue to make this a success via your participation.

Our conference theme this year is *The Healthcare Ecosystem: Local, Global, Public, Private.* As we all know, health does not exist in a vacuum: it is influenced by our environment, economy, education, living conditions, and individual lifestyle factors- among many other things. Within this context and interconnectivity, healthcare has its very own ecosystem that operates at local, national and global levels and across private, public and the NGO sectors.

The importance of the interconnectivity of our healthcare services, internally and externally, cannot be understated as it plays a significant role in our ability to provide adequate and timely services in times of both peace and disaster.

Many will be aware that 2024 is an important year in our nation's history as it marks the 20th anniversary of the passing of Hurricane Ivan. Throughout the month of September, we have not only remembered the events of twenty years ago, but we have discussed the lessons learned and implemented since that time. Building and cultivating resilience has been the most important lesson that we have taken to heart, and, when it comes to health, a thriving healthcare ecosystem is an important indication that we are on the right path.

Yet, thriving ecosystems do not happen by chance. They must be proactively nurtured. Healthcare ecosystems require a clear understanding of the needs of those they serve, and where gaps exist in the services provided. This is where the Ministry's commitment to undertaking a data driven approach to decision making plays a key part in helping to sustain this ecosystem.

At last year's healthcare conference, we were able to share preliminary results of the STEPS 2023 National Health Survey, which focuses on the prevalence of the risk factors for non-communicable diseases within our shores. This year, the Ministry team will be sharing the results of this survey as our work in analysing this data is now complete. The long-awaited survey results will help to empower not only healthcare professionals, but also government agenciesand civil society partners. It will help us better understand the current health of our nation, and where action is needed to ensure that our system is meeting existing and future healthcare needs.

As individuals, policy makers, and practitioners, we all have a role to play in ensuring that our healthcare ecosystem is thriving. Conferences like these help us to better understand and strengthen that ecosystem by providing us with the opportunity to ask questions, challenge and engage with one another, network, and find opportunities for greater partnership. You are an essential part of our ecosystem, so thank you again for taking the time to be here.

Enjoy the conference.

Hon. Sabrina Turner, MP Minister for Health and Wellness



"The importance of the interconnectivity of our healthcare services, internally and externally, cannot be understated as it plays a significant role in our ability to provide adequate and timely services in times of both peace and disasters."



Ministry of Health & Wellness

Cayman Islands Government

# 2024 Cayman Islands Healthcare Conference

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THURSDAY,17TH (	OCTOBER Conference Moderator Ben Meade
5:00 – 5:30 PM	Refreshments and Registration Refreshments sponsored by: Integra Healthcare
5:30 – 5:35 PM	Welcome Remarks – Hon. Franz Manderson MBE, Cert. Hon., JP, Deputy Governor of the Cayman Islands
5:35 – 5:50 PM	Opening Remarks - Hon. Sabrina Turner, MP, Minister for Health and Wellness
5:50 – 5.55 PM	Remarks – Shomari Scott, Chief Business Officer, Health City Cayman Islands
5.55 – 6.55 PM	Patterns of Established III Health and Healthcare Interactions: Insights from the STEPS Survey - Rachel Corbett, National Epidemiologist, Felicia McLean, Chief Nursing Officer and Dr. Nick Gent, Chief Medical Officer, Ministry of Health & Wellness
6.55 – 7.55 PM	The Changing Healthcare Landscape in the Cayman Islands, Shomari Scott, Chief Business Officer, Health City Cayman Islands
7:55 = 8:00 PM	Closing Remarks - Lizzette Yearwood, Chief Executive Officer, Cayman Islands Health Services Authority
8:00 – 9:00 PM	Cocktail Reception

FRIDAY, 18TH OCTOBER Conference Moderator Ben Meade		
7:45 - 8:30 AM	Registration and Breakfast Breakfast sponsored by: The Wellness Centre	
8:30 - 9:30 AM	Advanced Cancer Care Access: Why It Matters (Radiotherapy as a Case Study) – Dr. Minesh P. Mehta, Deputy Director and Chief of Radiation Oncology, Baptist Health Miami Cancer Institute	
*View schedule for additional activities taking place in the Capella Room (5 <sup>th</sup> floor)		
9:35 – 10:35 AM	The Modifiable Determinants of III Health in the Cayman Islands: STEPS 2023 Survey Results - Rachel Corbett, National Epidemiologist, Felicia McLean, Chief Nursing Officer and Dr. Nick Gent, Chief Medical Officer, Ministry of Health & Wellness	
10:40 - 10:55 AM	Coffee Break Sponsored by: Infinite Mindcare	
10:55 – 11:55 AM	Panel: What Are We Looking for in Public, Private, Local and Global Healthcare Collaborations? – Nicole Dube-Rosson, Global Operations Director, Cedars-Sinai Medical Center; Dr. Vinton Douglas, Deputy Chief Executive Officer, Cayman Islands Health Services Authority; Kahlill Strachan, General Manager, CINICO; Dr. Binoy Chattuparambil, Clinical Director, Health City Cayman Islands. Moderated by Luis Arango, Global Consultant, Cedars-Sinai Medical Center	
LUNCH will be available between 12 noon and 2:30 PM		
12:00 - 12:30 PM	The Importance of Trust – Relationship Dynamics in the Healthcare Ecosystem – Dr. Rev. Yvette Noble-Bloomfield, Guidance Counsellor, Cayman Islands Health Services Authority	
1:00 – 2:00 PM	Paediatric Orthopaedics: Clinical Challenges & Innovations in the Global Healthcare Ecosystem - Dr. Daniel Ruggles, Paediatric Orthopaedic Surgeon, Nicklaus Children's Hospital	

# 2024 Cayman Islands Healthcare Conference

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FRIDAY, 18TH OCTOBER continued		
2:05 – 3:05 PM	Mental Health is Everyone's Business: The Why and How of Everyday Therapeutic Interactions – Dr. Chantal Basson, Clinical Psychologist and Family Systemic Practitioner, Cayman Islands Health Services Authority	
3:05 – 3:20 PM	Coffee Break Sponsored by: Dana-Farber Cancer Institute	
	The Future in Diabetes Management – Dr. Rajnish Kumar, Internal Medicine Consultant and Diabetologist, Total Health	
3:25 – 4:25 PM OR	Hearing Health Matters: Untreated Hearing Loss and its Profound Impact on Mental Wellbeing - Dr. Annette Stephenson, CEO & Board Certified Audiologist and Dr. Ashley Martin, Audiologist, Cayman Hearing Center (Breakout Session - Rembro Room).  Sponsored by: Ironshore Pharmaceuticals Inc.	
4:25 - 5:25 PM OR	Pioneering the Future of Cancer Care: Innovations in Oncology and the Power of Al – Dr. Otto Metzger, Associate Medical Director, International Strategic Initiatives, Dana-Farber Cancer Institute & Assistant Professor of Medicine, Harvard Medical School	
	Healthy Living - Dr. Dalia McCoy, Family Physician, Cleveland Clinic Florida (Breakout Session - Rembro Room)	
* Healthcare Conference Wellness Workshops - Capella Room (5 <sup>th</sup> floor)		
9:30 AM	Chair Yoga	
10:30 AM	Breathe-Sound Healing	
11:30 AM	Art Therapy	
12:30 PM \	Mental Health Self-Care	

SATURDAY, 19TH	OCTOBER Conference Moderator Ben Meade
8:00 – 8:30 AM	Registration and Breakfast
8:30 - 9:15 AM	Pelvic Cancer Survivorship: Best Practice – Dr. Mike Smith, Obstetrician-Gynaecologist and Dr. Lona Vyas, Consultant Urologist Surgeon, Integra Healthcare
9:15 – 10:00 AM	Re-imagining a World without Alzheimer's Dementia: Novel Approaches to Diagnosis and Treatment – Dr. Ryan Punambolam, Neurologist, Doctors Hospital
10:05 – 11:05 AM	Shifting Perspectives in Assessment of Neurodiverse Children – Ansunette Pelser, Speech Language Pathologist, Cayman Theraplay
11:10 – 11:25 AM	Coffee Break Sponsored by: CINICO
11:25 – 12:25 PM	Panel: The Rising Cost of Healthcare: How Non-Profit Organisations Are Helping – Beverly Edgington, Chief Administrator, Breast Cancer Foundation, Andrew Vincent, Chairman, Cayman Heart Foundation, Dr. Lauren Goodman, Palliative Care Physician, Jasmine and Emily Kelly, Executive Director, Alex Panton Foundation
12:25 - 12:45 PM	Closing Remarks - Hon. Sabrina Turner, MP, Minister for Health and Wellness



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MYFI OMA







# Hon. Franz Manderson MBE, Cert Hon., JP

Deputy Governor and Head of the Civil Service

Franz Manderson joined the Cayman Islands Civil Service in 1981 as an hourly paid worker with the Immigration Department. He was promoted up the ranks of the department and was appointed Chief Immigration Officer in July 2004.

During his tenure with the Immigration Department, he received many awards including the Certificate and Badge of Honour - "for services rendered in the management of the Cuban migrants in the Cayman Islands" the Governor's FACE award for excellence in customer service and Person of the Year in 2006 by Cayman Net News.

Mr. Manderson is an attorney-at-law having completed his legal studies at the University of Liverpool. He was called to the Cayman Islands Bar in July 2004. He was also appointed a Justice

of the Peace in 2008.

In July 2009, he was promoted to the post of Chief Officer in the Portfolio of Internal and External Affairs.

In 2012, the Governor (in consultation with the United Kingdom Secretary of State) approved the appointment of Mr. Manderson as Deputy Governor and Head of the Civil Service.

Mr. Manderson is responsible for the management and performance of the civil service, which has approximately 3,900 staff. He is a member of Cabinet and is the first official member of Parliament.

In June 2018, he was awarded an MBE by Her Majesty the Queen Elizabeth II.

Mr. Manderson is married to Nuvia and has two children, Alyssa and Franz Jr.

# Hon. Sabrina Turner, MP

Minister for Health and Wellness

Sabrina Turner, MP, was elected to her first term in the Cayman Islands Parliament in April 2021 as a Member for Prospect.

Minister Turner attended the Government's primary, middle and high schools, graduating in 1990 from what was then called the Cayman Islands High School. Following graduation, she joined the Cayman Islands Health Services Authority as a nursing assistant and enrolled in the training programme to become a licensed practical nurse. In 1993, she graduated from the Cayman Islands School of Nursing as valedictorian.

A few years later, she joined the Department of Immigration where she served in various roles, including enforcement, board secretariat, and assistant secretary of the Caymanian Status and Permanent Residency Board.

An entrepreneur, Minister Turner became a successful business owner and CEO of her own immigration consulting company in 2006. Cayman Immigration Consultant Services provided advice to customers on a wide range of matters from work permits, trade and business, permanent residency and Caymanian status applications to notary public services.

For over a decade she was the popular talk show host of Radio Cayman's Business Buzz where she provided small businesses with the opportunity to showcase their products and services free of cost and market them to the community.

Minister Turner has been active in several professional, civic, district and community organisations. She has served as a Leadership Cayman panellist, National Festival parade judge, Cayman Islands Chamber of Commerce trustee, executive member of the Pirates Week Committee, and was a team member on the Immigration Law Point System review project. More recently, during her time as leader of the Prospect-Red Bay Community Group, she led the small executive team, which worked to provide development and support services to the community of approximately 3000. During her tenure, the group raised over \$10,000 towards various projects focused on disaster resilience, the fight against crime and community cohesion.

When she isn't working, Minister Turner enjoys dancing, cooking and lounging in a hammock. She resides in Prospect with her spouse, Eric, and one of her two sons.

# Speakers

# **Shomari Scott**

Chief Business Officer, Health City Cayman Islands

Shomari Scott is the Chief Business Officer for Health City Cayman Islands, the vision of famed heart surgeon and humanitarian, Dr. Devi Shetty. Health City serves local, regional and international patients seeking treatment from world-class medical experts and provides access to affordable compassionate healthcare in a patient-centred environment.

Mr. Scott has been with the organisation from inception as one of Health City's original employees. He has played an instrumental role with the team that helped to shape the hospital's concept from vision to reality. In his close to ten years, the Health City brand and strategic indicators have grown in leaps and bounds. Health City is now synonymous with quality and

compassion which is, in no small part, due to Mr. Scott.

Prior to joining Health City, Mr. Scott worked with the Cayman Islands Department of Tourism for 18 years where he gained a deep understanding of the tourism sector. He began as an intern with the department and rose through the ranks of the organisation, eventually being appointed Director of Tourism.

Mr. Scott took the helm of the department in 2008 during the global recession, and defied conventional wisdom to help grow tourism arrivals by 25 percent over the next four years.

A strong believer in assessment, quality and continuous improvement, Shomari takes every opportunity to lead by example and to promote the personal and professional development of his team members.

In 2013, he was awarded the Young Caymanian Leadership Award, which recognises outstanding young Caymanians whose achievements and actions make a significant contribution to the islands' society and who serve as positive role models for other youth.

In 2022, he was elected president of the Cayman Islands Chamber of Commerce. The same year, he was appointed chairman of the Education Council.

#### **Rachel Corbett**

National Epidemiologist, Ministry of Health and Wellness

Rachel Corbett is the National Epidemiologist within the Ministry of Health and Wellness. She has experience as an epidemiologist in the UK at the local, national and international level. Ms. Corbett previously studied at the London School of Hygiene and Tropical Medicine, and completed the highly regarded UK Field Epidemiology Training Programme (FETP).

Ms. Corbett supported the UK COVID-19 pandemic response in a number of ways, including leading the international travel risk assessment team to assess the risk COVID-19 travellers faced when visiting any country in the world, and informing government policy.

In her current role, Ms. Corbett is supporting the surveillance and reporting of both communicable and non-communicable diseases in the Cayman Islands and strengthening the public health capacity.

# Felicia McLean

Chief Nursing Officer, Ministry of Health and Wellness

Felicia McLean has 26 years of experience in nursing, having qualified as a licensed practical nurse in 1997. She continued her career at the Cayman Islands Hospital until she began her bachelor of science degree in nursing at Barry University, graduating in 2003. Felicia was the Director of Operations and Nursing at Jasmine (a hospice and palliative care facility) and recently left to join the Ministry of Health and Wellness as the Chief Nursing Officer, the first position of its kind. Passionate about nursing excellence, Felicia is eager to lead initiatives to enhance professional development within the nursing profession and ensure the highest standards of patient care in the Cayman Islands.

Felicia has been awarded the National Heroes Day Emerging Pioneer Award in Health Services (2015) and was awarded a Certificate and Badge of Honour for her work with palliative care in the Cayman Islands by HRH the Prince of Wales, now King Charles III (2019).

Felicia has served on numerous national committees and boards to advance healthcare policies. She played a critical role on the committee that led to the implementation of the Health Care Decisions Act (2019).

Felicia firmly believes that public service is essential to the future success of the Cayman Islands and is dedicated to advancing health services across the islands.

## Dr. Nick Gent

Chief Medical Officer, Ministry of Health & Wellness

Dr. Nick Gent is a highly experienced public health doctor who joined the Ministry of Health & Wellness as Chief Medical Officer in October 2022.

Dr. Gent left the post of Senior Medical Adviser/Consultant in Public Health with the UK Health Security Agency where he worked principally in the field of Chemical, Biological & Radiological (CBRN) Threats, and the management of major incidents and severe public health threats for the last 20 years.

Prior to this, Dr. Gent worked in district public health services as a Director of Public Health and as an executive member of a number of health service authorities in the UK National Health Service with responsibility for public health, health protection, and developing and commissioning a

wide range of health care services.

Dr. Gent also has extensive experience with working for the European Union, World Health Organization, the World Bank and the UK Department for International Development in areas including advice on legislation concerning human rights, public health, health services, and health regulations, preparedness and response to major incidents, disaster relief coordination, restoring and developing public health systems, and developing health care services. He is a member of the World Health Organization roster of experts as an adviser on public health in radiation emergencies, public health security including bioweapons and risk assessment.

He is a recipient of the UK Faculty of Public Health's Alwyn Smith Prize for his outstanding contribution to the health of the public (2015), and was awarded the West Africa Medal for his services in Sierra Leone during the 2014-15 ebola outbreak.

Dr. Gent was made a Commander of the Order of the British Empire for services to health protection in 2018.

# **Speakers**

Lizzette Yearwood, JP, MMH, MHA, Cert. Hon.

Chief Executive Officer, Cayman Islands Health Services Authority

Lizzette Yearwood, JP, MMH, MHA, a registered nurse, is the Chief Executive Officer of the Cayman Islands Health Services Authority (HSA), with overall responsibility for the day-to-day operations of the Cayman Islands Hospital on Grand Cayman, Faith Hospital on Cayman Brac, as well as district health centres and clinics on all three Islands.

She holds a master's degree in health services management from the University of Minnesota, an advanced certificate in Quality Management from the Singapore Productivity Institute, and a certification from the American Society of Healthcare Risk Management.

Ms. Yearwood has over 30 years of progressive experience in local and international healthcare settings. Since joining the HSA in 1993, she has amassed a wealth of experience and expertise that has contributed to the growth and success of the organisation. She is a recipient of the 2013 Medal of Honour (MMH). She was also recognised as an Emerging Pioneer in Healthcare at the 2015 National Heroes' Day celebrations and awarded the Cayman Islands Certificate and Badge of Honour (Cert. Hon.) in 2021 for meritorious services rendered in response to the COVID-19 Pandemic.

Ms. Yearwood is a native of one of the Sister Islands, Cayman Brac, and has one daughter, Kelsey.

Dr. Minesh P. Mehta

Deputy Director, Chief of Radiation Oncology, Baptist Health Miami Cancer Institute

Minesh P. Mehta, M.D., is a world-renowned expert in radiation oncology, proton therapy, and cancer research. He is the Deputy Director and Chief of Radiation Oncology of Baptist Health Miami Cancer Institute.

Dr. Mehta graduated from the University of Zambia School of Medicine and completed his residency at the University of Wisconsin, where he was chief resident in radiation oncology.

Before joining Baptist Health, Dr. Mehta served as medical director of the University of Maryland's Proton Treatment Center, the first dedicated pencil-beam proton treatment center in the mid-Atlantic, which he launched. In addition, he was associate director of clinical research at the

University of Maryland School of Medicine's Department of Radiation Oncology.

Previously, he was the chairman of the University of Wisconsin School of Medicine and Public Health's Department of Human Oncology, where he led numerous research studies, innovative technology development and implementation (Tomotherapy), and substantial practice expansion of the University of Wisconsin Cancer Center Clinical operations. He was also the programme leader for the University of Wisconsin's Comprehensive Cancer Center's Imaging and Radiation Sciences Programme for almost 15 years, led a programme project grant in radiation oncology, and has been the chair of the RTOG/NRG oncology's brain tumor committee for over 25 years.

Dr. Mehta has designed and led several national and international clinical studies, received NIH and NCI grants, and has been awarded many honors. He has held national leadership positions in numerous organizations, including the American Board of Radiology, the FDA Radiological Devices Panel, the American Society for Radiation Oncology, the American Society of Clinical Oncology, and the Society of Neuro-Oncology.

Dr. Mehta has over a thousand publications, including medical journal manuscripts, book chapters, and professional abstracts, and serves on the editorial board of several peer-reviewed journals.

**Dr. Chantal Basson** 

Clinical Psychologist, Cayman Islands Health Services Authority

Dr. Chantal Basson is a clinical psychologist at Alex's Place, Adolescent Behavioural Health at the Health Services Authority, specialising in attachment focused family therapy, chronic long-term health conditions, psychosomatic presentations, neurodiversity, and healing trauma through the developmental of attachment relationships.

Dr. Basson is formerly a lead consultant clinical psychologist at National Health Services (NHS) in the UK and worked for 10 years in NHS senior management and leadership. She is a qualified family therapy systemic practitioner, specialising in child and family mental health. She has also taught at multiple universities and across several NHS Trusts during her career to date.

She has qualifications in several therapeutic approaches including family therapy, dyadic developmental psychotherapy, theraplay, autism assessments and EMDR.

Chantal is an executive board member of the Cayman Islands Psychological Association and is the Clinical and Education Committee lead for the Alex Panton Foundation.

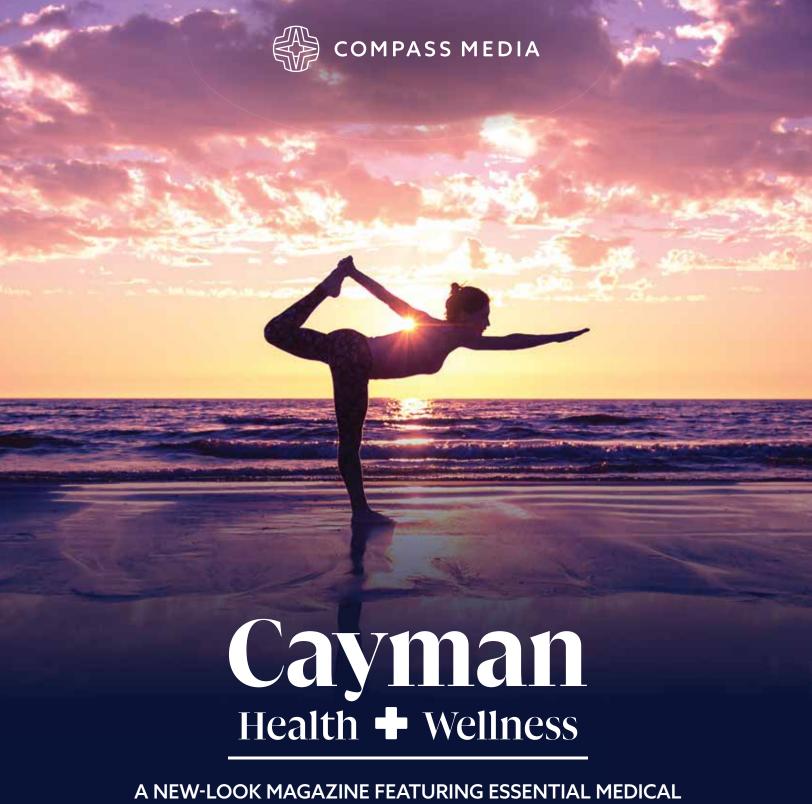
Dr. Rev. Yvette Noble-Bloomfield

Guidance Counsellor, Cayman Islands Health Services Authority

Dr. Rev. Yvette Noble-Bloomfield is the Deputy General Secretary for The United Church in Jamaica and the Cayman Islands & Cayman Islands Regional Mission Council and Guidance Counsellor for the Cayman Islands Health Services Authority. As a minister of religion, ordained for thirty-nine (39) years, the call to the Ministry of the Word and Sacrament remains her focus, attention and commitment within the dynamism of the change and renewal taking place within the society and the church.

Having served in congregational pastoral ministry for twenty-five (25) years, as the director for the Bethesda Counselling Centre for over four (4) years and serving in church administration for ten (10) years, Dr. Noble-Bloomfield has a clear understanding of and appreciation for the needs and challenges of humanity, the ministry and mission of the church, and the importance of cultivating healing and restorative relationships in order to enhance the well-being of individuals.

The vast experiences gained from preaching and sacramental ministry, pastoral care and counselling, and chaplaincy, have continued to formulate her vocational understanding and undergird the sense of call to serve others, especially at the deepest point of their needs, especially at the intersection of pain and faith and to provide hope and comfort when it is most needed. This quest to serve the sick, formed the core of the doctoral thesis completed in the Doctor of Ministry degree programme at the Columbia Theological Seminary in 2001. There is a commitment to personal learning, development and the facilitating of others in this process to discover what is new and emerging in research regarding the correlation between spirituality and healing. With much prayer, spiritual discernment, a sense of God's grace and the leading of the Holy Spirit, Dr. Noble-Bloomfield strives to be faithful, disciplined and competent, in order to respond to the current challenges individuals and the society encounter in the area of health care and healing.



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**Dr. Daniel Ruggles** 

Paediatric Orthopaedic Surgeon, Nicklaus Children's Hospital

Dr. Daniel Ruggles is a paediatric orthopedic surgeon with Nicklaus Children's Hospital Orthopedic, Sports Health and Spine Institute. He earned his medical degree from Ohio University Heritage College of Osteopathic Medicine. Dr. Ruggles completed a residency in orthopaedic surgery at Riverside University Health System Medical Center in Moreno Valley, California. He then pursued a fellowship in paediatric orthopaedic surgery at Children's Hospital Los Angeles, as well as a four-month fellowship in limb lengthening and reconstruction at the International Limb Lengthening Center in Baltimore, Maryland. His clinical interests include paediatric fractures and growth plate injuries, and he specialises in limb lengthening and alignment correction of congenital and acquired conditions.

Dr. Ruggles is board certified in orthopaedic surgery. He is a fellow of the American Osteopathic Academy of Orthopedic Surgery (AOAO), participates on the AOAO CME committee, and is a member of the Paediatric Orthopaedic Society of North America. Dr. Ruggles spent more than three years of his career working overseas for CURE International, where he served as medical director of the CURE Hospital in Santo Domingo, Dominican Republic, as well as provided care in Haiti, Zambia and the Philippines. He lectures at national and international medical conferences and helps to develop innovative orthopaedic devices and implants as an industry consultant.

# Dr. Vinton Douglas, Cert. Hon.

Deputy Chief Executive Officer, Cayman Islands Health Services Authority

Dr. Vinton Douglas is the Deputy Chief Executive Officer at the Cayman Islands Health Services Authority (HSA). Prior to this appointment, he was Director of Corporate Services for five years and a consultant emergency physician at the HSA for 13 years from 2006 to 2019. He is also a consultant in hyperbaric medicine and underwater medicine.

Dr. Douglas attended St. Ca<mark>therine High School in</mark> Jamaica (1979 - 1986), St. Petersburg Medical University in St Petersburg, Russia (1989 - 1994), the University of the West Indies (Doctor of Medicine (PHD) in Emer<mark>gency Medicine, 2000</mark> - 2005), University of Liverpool (MBA,

2019), University of South Wales (MSc Medical Education, 2019, University of South Wales (MSc Healthcare Leadership, 2022), University of South Wales (MSc Sports and Exercise Medicine, 2015) and University of Stellenbosch (South Africa) (Occupational Medicine (PG DiP), 2017).

During his tenure as Director of Corporate Services, Dr. Douglas led the HSA with his team in achieving the prestigious Gold Seal of the Joint Commission International (JCI) Accreditation in 2023. In 2020, he was awarded the prestigious Certificate and Badge of Honour (Cert. Hon.) by Her Majesty Queen Elizabeth II for his tireless efforts during the COVID-19 pandemic.

Dr. Douglas is a Caribbean native and was born in the island nation of Jamaica. He is happily married.



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# **Kahlill Strachan**

General Manager, CINICO

Kahlill Strachan is the General Manager of the Cayman Islands National Insurance Company (CINCO), having joined the organisation in 2021. He has worked in the financial services industry in both the public and private sectors and specifically insurance for more than 25 years.

His wide and varied experience includes having served as an auditor, insurance regulator, reinsurance underwriter and business development officer with leading companies in the private sector, as well as senior analyst roles with the Cayman Islands Monetary Authority.

He is a risk manager at heart who enjoys assisting in the development of people, identifying process improvements within an organisation, and finding unique and innovative solutions to common insurance problems.

He is a lifelong learner and holds professional qualifications in accounting (FCCA) and insurance (ACII).

# Nicole Dubé Rosson, MHA

Director, Global Services and Operations, Cedars-Sinai Medical Center

Nicole Dubé Rosson has more than 20 years of experience in healthcare with 14 years focused solely on global collaborative healthcare.

Ms. Dube Rosson joined Cedars-Sinai Medical Centre in 2022 as Director, Global Services and Operations. In her role, Nicole provides leadership and operational oversight for the Cedars-Sinai international global hospital affiliations, international regional office locations, and Cedars-Sinai International staff and consultants, focusing on implementation of our growing business and complex global projects, and ensuring the highest quality of service pursuant to the Cedars-Sinai mission.

Prior to joining Cedars-Sinai, Nicole worked as a director at Johns Hopkins Medicine International. She earned her bachelor's degree in health science and policy from the University of Maryland, Baltimore County and a master's degree in health administration from the Medical College of Virginia at Virginia Commonwealth University. She is a Bowe Fellow, having completed the World Trade Center Institute's Developing Global Executives (EDGE) programme in 2020. Additionally, she has published several articles focused on global collaborative health and medical education.

# **Speakers**

**Dr. Binoy Chattuparambil** 

Clinical Director, Chief Cardiac Surgeon, Chief Cardiac Doctor / Senior Cardiothoracic & Vascular Surgeon, Health City Cayman Islands

Dr. Binoy Chattuparambil is a senior cardiothoracic, vascular surgeon and cardiac doctor with over 20 years of experience. As Chief Cardiac Surgeon of Health City Cayman Islands, Dr. Binoy performs surgeries on both adults and children, including heart revascularisation, treatment of congenital abnormalities and other diseases of the vascular systems.

Dr. Binoy earned his MBBS (Bachelor of Medicine Bachelor of Surgery) at Government Medical College, Thrissur- Kerala, India, in 1992. He completed his Master of Surgery (MS) in General Surgery at Jawaharlal Institute of Post Graduate Medical Education and Research (JIPMER), Pondicherry, India, in 1997. He also completed his MCh in Cardiothoracic and Vascular Surgery at King Edward Memorial Hospital, Mumbai, India, in 2001.

Dr. Binoy joined Narayana Health (NH) in 2001 after completing his advanced training in cardiothoracic and vascular surgery. He worked as a senior registrar at the Royal Prince Alfred Hospital, Sydney, Australia, between 2004 and 2007, and then rejoined NH in 2007 as a consultant. He is currently in charge of the pulmonary thromboendarterectomy and extracorporeal membrane oxygenation (ECMO) programmes at NH and also served as the past president of the ECMO Society of India.

Dr. Rajnish Kumar

Internal Medicine Consultant and Diabetologist, Total Health

Dr. Rajnish Kumar hails from the region of Delhi – Ncr, India. He received his medical degrees in internal medicine and anaesthesiology/critical care from the University of Delhi, India in 2003 and completed his fellowship in diabetes in 2015.

Dr. Kumar started practicing medicine in January 2005, and since then has participated actively in community health camps especially for diabetes awareness and prevention. Before coming to the Cayman Islands to take up a position at Total Health, he was teaching diabetology in local medical institutes in Gurugram (India) and mentored many diabetology fellowship trainee doctors. He was a pioneer in the use of ambulatory blood glucose monitoring and

insulin pumps in Gurugram in 2015, and later regularised their use in patients.

Dr Kumar is an expert in dealing with complicated diabetes cases, and has taken advantage of the latest technologies by integrating them into the fields of diabetology and preventive medicine.

# **Dr. Annette Stephenson**

CEO and Board Certified Audiologist, Cayman Hearing Center

Dr. Annette Stephenson is the CEO and board-certified audiologist at Cayman Hearing Center. As the first Caymanian to earn a Doctor of Audiology degree, she holds prestigious credentials, including Fellow of the American Academy of Audiology and Board Certification by the American Board of Audiology. She is also certified in vestibular assessment and rehabilitation by the American Institute of Balance, positioning her as a leader in her field.

In 2007, Dr. Stephenson founded Cayman Hearing Center to provide essential hearing healthcare services that were previously unavailable on the island. Under her leadership, the

centre has grown into a key provider of transformative audiological care. She extends her passion for education through seminars for both physicians and patients, helping the community make informed decisions about their hearing health.

With a patient-centred approach emphasising personalised care, Dr. Stephenson has earned a trusted reputation as a hearing healthcare specialist. Her efforts were recognised with the Emerging Pioneer Award from the Cayman Islands Ministry of Health, a testament to her trailblazing influence in the healthcare sector.

Additionally, Dr. Stephenson's work extends beyond her clinic, as she continues to serve as chair of the National Council for Persons with Disabilities. Her advocacy also led her to establish Hearing The Call Cayman, a charitable initiative focused on improving access to hearing healthcare for underserved populations. Dr. Stephenson's journey of expertise, innovation, and advocacy leaves an enduring mark on healthcare in the Cayman Islands and beyond.

# **Dr. Ashley Martin**

Audiologist, Cayman Hearing Center

Dr. Ashley Martin is an accomplished audiologist whose career is driven by her passion for service and dedication to improving communication for her patients. Dr. Martin's diverse background includes serving as a Peace Corps volunteer in South Africa, where she worked on a community HIV outreach project, and leading as the Assistant Director of Multicultural Student Programmes and Services at a U.S. university.

Her wealth of experience has shaped her holistic approach to audiology, with a strong focus on enhancing her patients' quality of life. In addition to her clinical expertise, Dr. Martin is deeply committed to advocacy and education in the audiology community, and her compassion shines through in everything she does. When she's not in the clinic, she enjoys staying active through fitness and indulging her love for travel.

# NEW DEVELOPMENT CENTRE FOR HEALTH AND WELLNESS





# CAMANA BAY'S FIRST PURPOSE-BUILT MEDICAL AND WELLNESS BUILDING





As the healthcare industry in the Cayman Islands continues to grow and develop at pace, this facility will offer Cayman's residents a mixed-use complementary medical, health and well-being building, in a convenient location.

The building will provide a welcoming and convenient environment for health and wellness clients, as well as improve accessibility to healthcare services for residents and visitors alike, bringing a wide variety of experts together under one roof. These services will be complemented by a number of ground-floor amenities such as a café and physical wellness offerings.

#### **KEY FEATURES:**

- Proximity to Camana Bay and its schools, restaurants, shopping, supermarket and corporate tenants
- Walkability to the new Health City at Camana Bay
- Must-haves for a health and wellness building, such as a back-up generator, elevator dimensions to accommodate gurneys, disposal of biohazard waste and more
- Exposure to 3,800+ people who live, work and play here daily
- Designed sustainably to LEED® standards
- Five minutes by car to Owen Roberts International Airport
- Ample parking

For more information on opportunities in this new facility, visit dart.ky/health-and-wellness or reach out to our leasing team at +1 345 640 3600 or leasing@dart.ky.

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**Dr. Otto Metzger** 

Associate Medical Director, International Strategic Initiatives, Dana-Farber Cancer Institute and Assistant Professor of Medicine, Harvard Medical School

Dr. Otto Metzger received his medical degree from Federal University of Minas Gerais in 2003 and completed training in internal medicine and medical oncology in 2008.

Following his formal training, Dr. Metzger spent three years at the Institute Jules Bordet in Brussels where he completed a research fellowship and initiated a career dedicated to understanding the biological features of the second most common histological subtype of breast cancer - invasive lobular carcinoma. Since joining the breast oncology programme

at Dana-Farber Cancer Institute in 2012, Dr. Metzger has established an active clinical practice and developed research efforts focused on identifying better treatment strategies for patients diagnosed with breast cancer. Dr. Metzger is involved in designing and leading national and international clinical trials with a strong translational component. In addition to his physician and clinical investigator roles, Dr. Metzger holds an executive officer position at the Alliance for Clinical Trials in Oncology.

Dr. Dalia S. McCoy

Family Physician, Cleveland Clinic Florida

Dr. Dalia McCoy has been a family practice physician at Cleveland Clinic Florida for 25 years. She received her medical degree from Universidad Autonoma de Nuevo Leon in Mexico, and specialises in family medicine and community health. She completed her internship at University of Florida Health Science Centre and her residency at Mayo Clinic Graduate School of Medicine.

Dr. McCoy is board-certified by the American Board of Family Medicine and also a fellow of the American Academy of Family Physicians and a diplomate of the American Board of Family Medicine. In addition, she is the Chairperson for the Grievance Committee at Cleveland Clinic Florida.

Dr. Mike Smith

Obstetrician and Gynaecologist, Integra Healthcare

Dr. Mike Smith is a highly trained and experienced obstetrician and gynaecologist who joined Integra Healthcare in the Cayman Islands in June 2023.

Dr. Smith is experienced in running busy obstetrics delivery suites along with the antenatal and post-natal care of patients. He has completed the RCOG subspecialty training in gynaecological oncology and has advanced gynaecological surgical skills in both open and minimal access surgery. Dr. Smith has dealt with numerous tertiary referrals for complex cases of benign and cancer patients and as a consultant was called to obstetrics delivery suite to assist in complex emergency situations.

# Speakers

**Dr. Lona Vyas** 

Consultant Urologist, Integra Healthcare

Dr. Lona Vyas is a consultant urological surgeon with over 18 years of urological experience. Her clinical interests include cancer diagnostics and survivorship, men's health, male fertility, and general urological procedures.

Dr. Vyas was born and raised in Southern England. She attended St. George's, University of London, where she qualified as a medical doctor. She completed specialist training in several prestigious urology units in the UK, including Imperial, Guys St Thomas' London, and St James', Leeds; leading to FRCS. In addition to her specialist training, she completed several years of subspecialist training in andrology and also gained expertise in microsurgical techniques in surgical sperm retrieval at the New York-Presbyterian Cornell Medical Center.

Dr. Vyas served as a consultant urologist at Chelsea and Westminster Hospital, in London. She also had a private practice at King Edward VII, a leading private UK hospital within the Harley Street medical area, famed for its medical excellence and in treating complex conditions.

Dr. Vyas takes an individualised, holistic approach, and aims to provide comprehensive support throughout the diagnostic and treatment journey. She has also contributed to international publications, in peer-reviewed journals, and books. She has been a lecturer at Imperial College London and Sheffield Universities.

Beyond her clinical work, Dr. Vyas is passionate about education, training, and coaching. In her spare time, she enjoys spending time with her young family, yoga, live music, records, and books.

# **Dr. Ryan Punambolam**

Neurologist, Doctors Hospital Cayman

Dr. Ryan Punambolam is a Canadian-trained neurologist/neurophysiologist and the new neurologist at Doctors Hospital Cayman. He completed his undergraduate medical degree at Western University (London, Ontario, Canada) and underwent fellowship training at the University of British Columbia. He then completed post-graduate training at UCLA, BIDMC/Harvard Medical School Neuromodulation Unit. Additionally, he completed the Chief Quality Officer Training programme through the Institute of Healthcare Improvement (Boston, MA), and most recently obtained a graduate degree in dementia.

Dr. Punambolam is an established clinician, leader, and teacher. As a clinician, he has been focused on comprehensive and patient-centered care with 15 years of experience as a consultant neurologist working in various centres across Canada. As a leader, he is dedicated to system design and quality improvement, holding various leadership positions including medical director for a large regional comprehensive stroke centre where, under his leadership, he achieved an astonishing 375% improvement in acute stroke treatment rates.

# **Ansunette Pelser**

Speech-Language Pathologist, Cayman TheraPlay

Ansunette Pelser holds a B. Communication Pathology (specialisation in Speech-Language Therapy) degree from the University of Pretoria (2010) and a postgraduate diploma in rehabilitation and disability from Stellenbosch University (2016).

She has undergone further training in early communication intervention, literacy, and in working with neurodiverse populations; and has also received further training in dementia care, voice and swallowing disorders, and in successful training of caregivers. Ansunette has worked in a variety of settings, including private and public hospital settings, as well as paediatric therapy clinics. She enjoys working with neurodiverse populations, and values connection and building a rapport with clients in order to help them thrive and reach their full potential.

# **Beverly Edgington**

Chief Administrator, Breast Cancer Foundation

Beverly Edgington is the Chief Administrator of the Breast Cancer Foundation, where she plays a crucial role in overseeing the organisation's operations and strategic initiatives.

With a strong background in complementary healthcare and a passion for advocacy, Beverly is dedicated to advancing breast cancer awareness, education, and support services. She has been instrumental in expanding the foundation's outreach programmes and enhancing partnerships with medical institutions and community organisations. Under her leadership, the foundation has increased its efforts in providing resources and support to individuals affected by breast cancer, aiming to improve patient outcomes. Beverly's commitment to

her work is driven by her personal mission to make a positive impact in the fight against breast cancer.

### **Andrew Vincent MBA**

Chair, Cayman Heart Foundation and Director, Optimal Healthcare Ltd.

Andrew Vincent is a passionate advocate for system sustainability and healthcare reform that supports it.

He is chair of the Cayman Heart Foundation, which works tirelessly to address awareness, understanding and health behaviours to prevent cardiovascular disease, along with early identification of cardiovascular problems in order to save more lives. Andrew is also founder and director of Optimal Healthcare Ltd, a health-focused clinical provider, having previously co-founded another well-known clinic, providing him with a deep understanding of the Cayman Islands Health System, its pitfalls and gaps, and how it might move toward a more sustainable platform. Andrew has an MBA from Manchester Business School, and a 25-year prior

history in the global healthcare industry before moving to the Cayman Islands in 2016.



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Palliative Care Physician, Jasmine

Dr. Goodman completed medical school at the Ohio State University College of Medicine in Columbus, Ohio. She remained at the Ohio State University Wexner Medical Center for residency in internal medicine and fellowships in hospice and palliative medicine and in pulmonary and critical care medicine. She was on the faculty of the Ohio State University for 13 years before coming to the Cayman Islands to join Jasmine as their new palliative care physician.



**Executive Director, Alex Panton Foundation** 

Emily Kelly is the newly appointed Executive Director at the Alex Panton Foundation (APF), having recently transitioned from her role as Programme Manager.

In her new position, Emily focuses on driving the organisation's strategic vision, ensuring sustainable growth, and deepening its impact on youth mental health across the Cayman Islands. Her priorities include expanding partnerships and overseeing high-level initiatives that align with APF's mission.

Emily is a young Caymanian who joined APF in May 2023, and successfully led key initiatives such as the launch of the Kids Helpline (KH). She has oversight of the ongoing operations and a dedicated team of Kids Helpline volunteers. Through her management of APF's programmes, Emily also strengthened APF's community outreach, maintaining relationships with schools and local organisations. Her dedication to APF's mission and work ethic have been pivotal in expanding APF's reach and effectiveness.





# Exhibitor Booth Spaces

- 1. Baptist Health Miami Cancer Institute
- 2. Baptist Health Miami Cancer Institute
- 3. UHealth International/Jackson International
- 4. The Wellness Centre
- 5. Health Services Authority
- 6. Physio Worx
- 7. Cleveland Clinic Florida
- 8. Infinite Mindcare
- 9. OceanMed
- 10. OceanMed
- 11. Doctors Hospital
- 12. La Roche Posay
- 13. Cayman Hearing Center
- 14. 3T MRI
- 15. Breast Cancer Foundation
- 16. Hope Academy
- 17. Progressive Distributors
- 18. Ministry of Health & Wellness
- 19. Cayman First
- 20. Health City Cayman Islands
- 21. Health City Cayman Islands
- 22. Dana-Farber Cancer Institute
- 23. HSA Public Health Department
- 24. National Council for Persons with Disabilities
- 25. Total Health
- 25a. Kelly Holding
- 26. Alex Panton Foundation
- 26a. Cedars-Sinai
- 27 **Jasmine**
- 28. The Panama Clinic Health Check Station
- 29. Cayman Heart Foundation
- 30. Loud Silent Voices

#### **Unmanned Tables:**

Healthy Futures Nicklaus Children's Hospital Sculpted Cayman

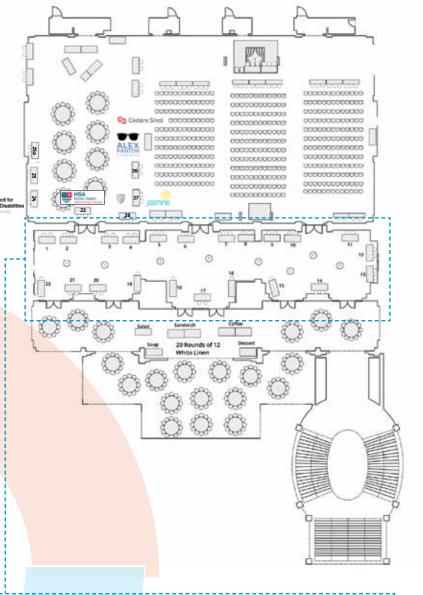
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# YOX STEPS

Survey 2023



35%
of Cayman residents
with raised blood
pressure are
undiagnosed

50%

of persons diagnosed \
with diabetes have never had a foot examination



Ministry of Health & Wellness

7 in 10
Cayman residents
are overweight or
obese



35%
have never had their cholesterol measured

Join us on Friday, 18 October, 9:35am:

"The Modifiable Determinants of ill Health in the Cayman Islands: STEPS 2023 Survey Results"

For the full report log on to www.gov.ky/health-wellness Available December 1, 2024

# More advanced care, closer to home

Our new hospital at Camana Bay will give families throughout the Caribbean access to world-class healthcare facilities across many specialties.



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Neonatal Intensive Care Unit



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